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ns  
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ON UNITED NATIONS WORLD HEALTH DAY AN EXTRAORDINARY VISUAL AND PROFOUNDLY  
IMPORTANT HEALTH EDUCATION EVENT WILL UNFOLD THROUGH 80 COUNTRIES. At 10 am  
local time thousands will come out in Australia, Asia, Africa, Europe, North  
& South Americas to hold mass Tai Chi exhibitions (teach-ins) in public  
squares. Last year's 2000 event had 1,300 people doing Tai Chi in downtown  
Los Angeles, while 600 did so in downtown Tel Aviv Israel, 1,000 in downtown  
Hong Kong, 300 in Sao Paulo Brazil and in 250 other cities worldwide. This  
years numbers will be even bigger with over 500 doing Tai Chi in downtown  
Buenos Aires Argentina (a new event.)  
Cities in 50 US States and all Canadian Provinces will be participating in  
this spectacular visual event.

IN response to the World Tai Chi & Qigong Day events in April, the Chinese  
Government has declared May Official Tai Chi Month in China for 2001 and  
beyond. To see local events listings visit [www.worldtaichiqigongassn.org](http://www.worldtaichiqigongassn.org).

The purpose is to call attention to the fact that 70% of all illness is  
caused by unmanaged stress (National Institute of Health), meaning trillions  
can be saved globally by mass utilization of ancient mind/body techniques  
like Tai Chi, Qigong, Yoga, TM, and biofeedback techniques. Self empowering  
health practices are not only being studied by more and more medical  
universities but are being used for prison and drug rehabilitation with great  
success.

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